#### Venue

Site/hospital: Imperial, St Mary's Hospital

Geographical area, eg PCN: North West London (six PCNs)

## Frequency: 4-6 weekly

## MDT type

Duration and time of day: 60-90 m

Virtual eg Zoom (type) or F2F: Mixture of F2F and MS Teams

People involved every time: General Paediatrician, CAMHs, GPs, Community Dietitian

People involved some of the time: Health Visitor, School Nurses, Physician's associates, Early Help

Discussion of high "risk" patients – how chosen: Anyone attending MDT can refer case to discuss; mostly GPs who do What are the common patients discussed: those with complex cases – agreeing management /next steps. Those with multiple agencies involved i.e. CAMHS, GP, 20 care. Common childhood issues: Enuresis, headaches, constipation

How is it documented and how are themes disseminated: **Directly into patient record on GP system (Systm1) during** discussion by a GP. Learning points from MDT distributed via email by consultant post MDT.

## Clinic

Duration of slots: 25-30m

All new or follow up: New, very rarely have the odd follow up but mostly follow up is handled by GPs

Virtual or F2F: Mixture between virtual/F2F; Clinician/patient choice

Chosen by whom: GP

Criteria/Guidelines for choice: anyone you would have referred to outpatients (bar those who need 20 care

### investigations i.e. x ray)

GP sitting in – same one most times or variety or none: rotates around each practice

Other people sitting in: Integrated care trainees (F1/2)

GP practice, same one each time or rotation: 2 Hubs host at 1 site (for size and comfort) with a GP from each practice attending the host practice for the clinic. 4 Hubs rotate between practice sites. Each month

#### Documentation/IT

Hospital notes/GP notes: for clinic, notes documented in GP system (Systm1) and sent via NHS mail to Hospital so records can be updated. For MDT, notes documented directly into patient record during discussion.

IT fixes and barriers: All participating practices are able to remotely book into the MDT and clinic. Consultants are given smartcard access to host sites for documentation during clinic

### **Payment**

How is this funded eg PCN/CCG/secondary care/mixed: CCG pays Hub tariff to hospital and funds backfill for GPs Payment of cases on a case by case basis, or session: payment by session (MDT + clinic)

Who funds the people at the MDT: 3 Hubs give GPs back-pay for 1 GP rep from each practice by CCG. Other 3 don't. Wo funds the individual, eg the GP, the consultant: built in to consultant job plans, CCG fund GPs for clinics.

# Admin

Who does it: Programme Manager in 20 Care; each Hub has its own Hub Coordinator

Who pays for it: Hub tariff from CCG for 20 care PM; practices re-allocate admin role to accommodate hub coordinator

Brief description of how things work: Hub Coordinator sets up MDT/Clinics on GP system, manages GP rota, sets takes admin actions from MDT e.g. book pt into next clinic. PM: dates from consultants, point of contact for Hub Coordinators, shares learning from Hub to Hub

## Communication

What methods, eg Teams, nhsnet, giving phone numbers: Consultants exchange numbers/nhs emails with GPs/MDT, encourages communication outside of hubs too.

How do GPs/HVs/Consultant communicate about patients between visits: **nhs mail – we have a group email with everyone included** 

How do you communicate common themes/learning points/details about clinics: Hub coordinator sends all confirmed dates beginning of year + sends reminder email with all relevant information. Post Hub, consultant sends a round up email with learning points from the MDT (written up by F1/2). Consultants from other Hubs are cc'd so as to spread learning across Hubs

## **Evaluation**

What evaluation do you do and how: Improved experience of care: patient and family feedback (PREMs); Reduced per capita-cost: Observed reduction in activity: Outpatient - 81% A&E - 22% Admissions - 17%; Improved population health: Use of the segmentation model to proactively identify cases for discussion; Improved staff experience and learning: GP and trainee doctor feedback

You can find a list of our publications HERE -

What makes your model sustainable/what are concerns about future: **GPs have ownership of Hub, develops with** them; **MDT** engagement and learning comes from within, offering a mixture of F2F and virtual appointments to suit families, secondary care trainee exposure to working in an integrated way

Who/which team is the driver behind your model: The GPs are the centre of our model. Upskilling, relationship building and making the GP the expert for patients and families.

Any governance or data protection issues/fixes: for MDT - clinical governance sits with the clinician who brings the case; for clinical governance remains with consultant

Other comments to help